Stand Up! by: Jessie J

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Verse 1:
If you surround yourself with negative people,
You'll never feel settled in or become an equal, no.
They'll suppress you of your spirit and rinse you dry of smiles,
So reach deep and release your inner child. Yeah, yeah!
Chorus 1
So stand up! For the love, love, love.
So stand up! (echo) For the love, love, love.
So stand up! For the love, love, love.
So stand up! (echo) For the love, love, love. (syncopated)
'Cause you're as old as you feel you are,
And if you don't reach for the moon you can't fall on the stars,
So I, live my life like every day is the last, last, last.
(2x \text{ for the } 1^{st} \text{ run through})
<u>Verse 2</u>
If you let a frown become your normality,
You don't set an example for the youth of our humanity.
If you spend every day wishing for the next to come,
Aged and lifeless is what (yes!) you'll become. Yeah Yeah!
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Chorus 2

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Bridge:
So ignore the bad and the good will soon come,
Don't think second best, be number one.
Spread some love, don't give to receive,
Strive to be happy and live to believe.
So ignore the bad and the good will soon come,
Don't think second best, be number one.
Spread some love, don't give to receive,
Strive to be happy and live to believe. Yeah, yeah, yeah!
Chorus 3
(Break It Down!)
So stand up! For the l-l-l-l-l-l-l-l-love, yeah.
So stand up! For the l-l-l-l-l-l-l-l-love, ohh ohh.
So stand up! For the l-l-l-l-l-l-l-love
So stand up! Stand up! Stand up!
'Cause you're as old as you feel you are,
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And if you don't reach for the moon you can't fall on the stars,

So I live my life like every day is the last, last, last. (2x)

So stand up!